

# Carolina Fiber Frolic Retreat Registration Form

March 30-April 1, 2012

We have a new fabulous and exciting location for our 2012 Frolic! New location, more classes, and the opportunity to enjoy time with like minded folks sharing your fiber passions. Come by yourself (we're a friendly group!) or bring your friends or spouse, but plan to make new friends. Bring your spindle, wheel, knitting needles or crochet hooks. Spend the weekend relaxing, spinning, weaving, knitting, and crocheting at this great mountain location or sign up for optional classes.

Name \_\_\_\_\_ Ravelry Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Retreat fee includes: Friday Lunch, Saturday Lunch, Saturday Dinner, Coffee/Tea/Water available in Spinning Room, Happy Hour, Evening activities, Door Prizes, Spinning Room, Optional Classes, and Access to Vendors

## Registration Fee

Early Registration Discount: Paid before February 15, 2012	\$115.00
Regular Registration Fee: Paid after February 15, 2012	\$130.00
Non-participating spouse/companion meal tickets	
Includes Fri. & Sat lunch, Sat Dinner & evening activities	\$65.00
Includes Sat Dinner only	\$35.00

**Optional** Classes (descriptions & teacher bios on following pages) – circle your selections

### Friday Classes:

Draw Me a Yarn	3 hour class Friday 9 -noon	\$60.00
Thrum-didly-icious: Weaving on a Cardboard Loom	3 hour class Friday 9 -noon	\$60.00
Things the Patterns Never Tell You	3 hour class Friday 9 -noon	\$60.00
Spinning With A Supported Spindle	3 hour class Friday 2-5 pm	\$60.00
Fractal Spinning	3 hour class Friday 2-5 pm	\$60.00

### Saturday Classes:

Tired of Plain Weave?	6 hour class Saturday 9-noon+2-5 pm	\$100.00
Making the Most of Your Handcards	3 hour class Saturday 9-noon	\$60.00
Making a Commercial Pattern Fit the Wearer	3 hour class Saturday 9-noon	\$60.00
Spinning With A Supported Spindle	3 hour class Saturday 9-noon	\$60.00
Spinning the Three Leicesters	3 hour class Saturday 2-5 pm	\$60.00

### Sunday Classes:

Playing With Plying	3 hour class Sunday 9 -noon	\$60.00
Crochet for Knitters	2 hour class Sunday 9 -11 am	\$50.00
Advanced Thrum-didly-icious:	2 hour class Sunday 9 -11 am	\$50.00

Total Amount Enclosed\* \_\_\_\_\_

Mail your payment with check made out to Jan Smiley, 411 Pine Street, Fort Mill, SC 29715, or send payment via PayPal to [CarolinaFiberFrolic@gmail.com](mailto:CarolinaFiberFrolic@gmail.com)

Questions about the retreat? E-mail Jan at [CarolinaFiberFrolic@gmail.com](mailto:CarolinaFiberFrolic@gmail.com) or call 803-547-4299

\*See Page 5 for Policies      Please make a copy for your records

## **You Must Make Your Own Accommodation Reservations. These are the options:**

-The **Hampton Inn & Suites** in Sapphire Valley, NC 828-743-4545. The Hampton Inn is about a 2 minute drive from the Community Center where the retreat, classes and vendors will be. Mention the Carolina Fiber Frolic block to receive the \$89/night rate which includes a hot breakfast.

-If you and your friends would prefer to rent a townhome: **FoxHunt Townhouses** are about a 10 minute drive down the road from the Community Center. To book a townhome for the event, call 828-743-7667 or visit [spmresorts.com](http://spmresorts.com). Rate for the townhome is \$125/night

## **Class Descriptions:**

### **FRIDAY CLASSES:**

#### **Draw Me a Yarn** – Nancie McCraw [www.badfaeriedesigns.com](http://www.badfaeriedesigns.com)

3 hour class, Friday morning, 9 am-noon

Take your spinning to the next step and try a different draw. We are going to explore different styles of drafting and draws for spinning and discuss how to match the drafting method to the fiber preparation and the yarn you want. We cover the Short draws, short forward and short backward, spinning from the fold, and a few different long draw methods, pre-drafting and double drafting. If time permits we will look at manipulating colors with our drafting techniques. Supply Fee (payable in class): \$20 for fibers of various preparations to experiment with. Class limited to the first 15 registered students.

**Class Supply List:** Spinning wheel. Niddy Noddy, extra bobbins and lazy kate are recommended.

#### **Thrum-didly-icious: Weaving with Leftover Yarns on a Cardboard Loom** – Suzy Hokanson

3 hour class Friday 9 am-noon

The age old question... What can I do with my leftover yarns (thrums)? ...especially my precious handspun! You don't need a fancy, expensive loom in order to weave. In this workshop you will learn how to make your own simple looms out of plain corrugated cardboard. An amulet that is finished on all sides will be created as you warp and weave on these looms. Once the process is learned you can go on to weave pillow tops, handbags, glasses or cell phone cases and more! Since we're using repurposed cardboard, the looms are very affordable. You can easily take it with you to weave in the car, in the doctor's office, while waiting for a child at sports practice, or at home.

**Class Supply List:** Bring a variety of your own handspun or commercial leftover yarns (at least 12 inches long) from other fiber projects, any beads, or feathers, etc to embellish your finished pouch, a pair of scissors and a desire to have fun! Included in the workshop price are 2 small cardboard looms (one pre-warped), cotton warp yarn, and a metal weaving needle for a shuttle. Suzy will also have some yarns and embellishments on hand. Class limited to the first 10 registered students.

#### **Things the Patterns Never Tell You**—Jane Prater [jane@jpknits.com](mailto:jane@jpknits.com)

3 hour class, Friday morning, 9 am-noon

As requested by last year's retreat participants, this is a class of tips and tricks to make your knitting easier, more efficient and better looking. Bring some questions of your own if you wish. Some of our topics will be:

- Which cast on is better for this pattern?
- Knitwise/purlwise—which way do you slip?
- Gauge—how close is close enough?
- M1—What does this really mean?
- Selvedges—to add or not? Which are easy to sew?
- Which yarn will or won't work with this pattern and why?

Class limited to the first 10 registered students (supply list & homework on following page)

**Class supply list:** some light, solid colored worsted or dk weight yarn; US 6,7,or 8 needles; tapestry needle, 4 to 6" ruler, scissors, HOMEWORK SWATCH:

**HOMEWORK SWATCH**—Use light, solid colored worsted or dk weight yarn.

Cast on 29 sts

Work 12 rows in garter stitch

Work 12 rows in seed st

Work 12 rows in stockinette st

Block this swatch by wetting and patting flat, or just steaming the heck out of it

### **Spinning With A Supported Spindle** –Susan (fleegle) Stevens [www.fleeglesblog.blogspot.com](http://www.fleeglesblog.blogspot.com)

3 hour class, Friday afternoon, 2-5 pm

Learn how to spin with a supported spindle—Tibetan, Russian, Bulgarian, or Tahkli. Supported spinning is faster and easier than drop spinning once the knack is acquired. This workshop will teach you the knack. We'll work through starting with an empty spindle, balancing tricks, drafting, and learning how to assess the correct amount of twist. A short description of making and using plying balls will be included. Many types of spindles will be available to try, should students wish to experience spindle types other than ones they may already own. Class limited to the first 10 registered students

**Class supply list:** Fiber, spindles, and dishes will be supplied for use in the classroom. Feel free to bring your own, but practice will be most effective with spindles supplied by the instructor. Supply Fee (payable in class): \$15, which will include an assortment of excellently prepared fibers to spin

### **Fractal Spinning** –Nancie McCraw [www.badfaeriedesigns.com](http://www.badfaeriedesigns.com)

3 hour class, Friday afternoon, 2-5 p.m.

Stripes within stripes makes fractal yarns some of Nancie's favorites to work with. We will discuss what makes a fractal spun yarn, how to choose a top/braid for fractal spinning, how to spin clear color, and what to do when plying. Supply Fee (payable in class): \$15 for fibers and handouts. Class limited to the first 15 registered students.

**Class supply list:** Spinning wheel with 3 bobbins. Niddy Noddy, extra bobbins and lazy kate are recommended.

## **SATURDAY CLASSES:**

### **Tired of Plain Weave?** –Pat Johanson - co-owner of [The Yarn Shop at Rainy Day Creations](http://TheYarnShopatRainyDayCreations)

6 hour class, Saturday 9 am-noon, continues Saturday afternoon 2-5 pm

So you've woven a few things. As you peer over at your loom, you ask yourself "now what?" "Is there something besides plain weave?" YES, you can do so much more with your rigid heddle loom! Let's make washcloths. Washcloths? Yes, washcloths, very special "spa"cloths. This class will expand your weaving knowledge by adding the elements of lace and texture.

The lace techniques used will be finger controlled. Texture will be incorporated with the use of pick-up sticks. We'll also add some color variations. With the content of this class you'll be well on your way to weaving creative cloth for all your projects. During the course of the class you'll also gain valuable knowledge regarding weaving terminology and tips. Bring your questions and we'll talk about what has worked and what hasn't. Level: Advanced beginner: You must be comfortable with plain weave and know how to warp your loom for this class. Class limited to the first 6 registered students.

#### **Class Supply List:**

Bring a Rigid heddle loom (yours or borrow one from a friend) with accessories including extra shuttles. Supply list with recommended yarns and book will be e-mailed to class members prior to the retreat

Yarn will cost approx. \$10-\$20

Book - approx. \$30 (not necessary for class, but helpful)

## **Making the Most of Your Handcards** –Kate Larson

3 hour class, Saturday morning, 9 am-noon

Usually thought of as a tool for turning fleece into a woolen yarn, handcards can be used in many different ways. Learn how to use your cards to prepare a fleece for woolen or worsted spinning, why the difference is important, and how carding techniques will affect the finished yarn. Handcards are also great tools for blending fibers and colors in different ways and making some fibers, like silk hankies, easier to handle. Supply Fee (payable in class): \$10 Class limited to the first 12 registered students.

**Class Supply List:** spinning wheel in working order, 3 bobbins, and lazy kate. Drop spindles are also welcome. Handcards and flick cards are required and some will be available to borrow.

## **Making a Commercial Pattern Fit the Wearer**—Jane Prater [jane@jpknits.com](mailto:jane@jpknits.com)

3 hour class, Saturday morning 9 am-noon

Nothing is as disappointing as finishing a garment and discovering it doesn't fit. Too long, too boxy, too stiff, too much extra fabric under the arms—all of these and more can be avoided by some simple techniques used BEFORE you even cast on. Learn how to use the pattern schematic and your “Knitted Garment” measurements to select the best size(s) for you and to easily adjust the pattern as you go. Also learn which patterns are just destined to be a bad fit for you because of the basic design. Participants must be able to do simple arithmetic or have access to a smart third grader. Seriously, the bit of math is painless and Jane will walk you through it. Class limited to the first 10 registered students

**Class supply list:** Pencil, knitted garments (hand or machine) that fit the way you like\*, tape measure, some patterns you are considering which have a schematic.

Optional, but very helpful: yarn you plan to use and a pattern; a copy of a favorite knitting magazine.

\*You might need several garments. One may be the right length; one might have the best shoulder fit, etc. Special instruction: Wear your tightest fitting Tshirt to class. Yes, really.

## **Spinning With A Supported Spindle** –Susan (fleegle) Stevens [www.fleeglesblog.blogspot.com](http://www.fleeglesblog.blogspot.com)

3 hour class, Saturday morning 9 am-noon

Learn how to spin with a supported spindle—Tibetan, Russian, Bulgarian, or Tahkli. Supported spindling is faster and easier than drop spindling once the knack is acquired. This workshop will teach you the knack. We'll work through starting with an empty spindle, balancing tricks, drafting, and learning how to assess the correct amount of twist. A short description of making and using plying balls will be included. Many types of spindles will be available to try, should students wish to experience spindle types other than ones they may already own. Class limited to the first 10 registered students

**Class supply list:** Fiber, spindles, and dishes will be supplied for use in the classroom. Feel free to bring your own, but practice will be most effective with spindles supplied by the instructor. Supply Fee (payable in class): \$15, which will include an assortment of excellently prepared fibers to spin

## **Spinning the Three Leicesters** –Kate Larson

3 hour class, Saturday afternoon 2-5 pm

Blueface, Border, and English Leicester sheep all share a deep history, but have become very different breeds. Luster longwool fleeces create versatile yarns that can be used for the finest lustrous lace or durable socks and sweaters. We will discuss how the breeds developed and diverged, fiber preparation, spinning methods, project ideas, and where to find these fibers. Supply Fee (payable in class): \$15 Class limited to the first 12 registered students.

**Class supply list:** spinning wheel in working order, 3 bobbins, and lazy kate.

Drop spindles are also welcome. Optional: Handcombs if you have them.

## SUNDAY CLASSES:

### **Playing With Plying** – Nancie McCraw [www.badfaeriedesigns.com](http://www.badfaeriedesigns.com)

3 hour class, Sunday morning, 9 am-noon

So now that you have spun a load of singles what's next? In this class we will discuss the process of plying. We will talk about when to ply and how. This will cover plying with active singles, plying with relaxed singles, Andean plying, Navajo or Chain Plying. If time allows we'll look at some texture techniques like spiral plying and coiling. Supply Fee (payable in class): \$15 for fibers and handouts. Class limited to the first 15 registered students.

**Class supply list:** Spinning wheel, 2 additional bobbins. **HOMEWORK:** bring at least one bobbin of spun singles yarn that has rested at least a week. Niddy Noddy, extra bobbins and lazy kate are recommended.

### **Crochet for Knitters** - Jane Prater [jane@jpknits.com](mailto:jane@jpknits.com)

2 hour class, Sunday morning, 9-11 am

Absolute crochet beginners are welcome in this class. Jane can teach you enough to do these techniques. The crochet hook is more than an easy way to pick up stitches. Knitters can use it to finish edges, tame curling scarves, and even adjust the size of garments. The crochet cast on is beautiful, stable, and fast. The crochet bind off is the only way to finish a 350 stitch shawl edge and remain sane. Surface errors can be camouflaged with a bit of flair. You can even crochet seams together. All of this is available with only two stitches—chain and single crochet. Class limited to the first 10 registered students

**Class supply list: HOMEWORK SWATCH** (see next paragraph), scrap yarns (a few yards) in different sizes, textures, fibers, especially novelty yarns, if you have some; any garment you have knitted that you want changed in some way; scissors; tapestry needles. Jane will supply crochet hooks and yarns for the class activities, but you may certainly bring your own if you have some.

**HOMEWORK SWATCH** for crochet class: Don't worry: this is a KNITTED swatch.

Use a solid colored worsted weight or dk weight yarn: Cast on 30 stitches. Knit 5 rows, then switch to this pattern: Row 1: Knit all stitches, Row 2: K5, Purl 20, K5. Repeat these two rows until the swatch is about 5 inches long. Do not bind off. Bring needles and yarn with you to class.

### **Advanced Thrum-didly-icious: MORE Weaving with Leftover Bits of Yarns on a Cardboard Loom** –Suzy Hokanson [www.suzanneworkkhokanson.com](http://www.suzanneworkkhokanson.com)

2 hour class Sunday morning 9-11 am

Now that you know how to warp and weave on your cardboard to create a pouch, let's see what else you can do on cardboard! This 2 hr class will give you techniques & ideas for taking your cardboard weaving to a whole new level! Experiment with tapestry and a variety of weave structures (such as basket weave, twills, textured weaves and 2 shuttle weaves) to create a unique handwoven piece. See how you can combine pieces that you have woven on cardboard looms to create larger items. These techniques can also be used on rigid heddle & frame looms. Class limited to the first 10 registered students

**Class supply list:** Bring a variety of your own handspun or leftover yarns (at least 12 inches long) from other fiber projects, any beads, or feathers, etc to embellish your finished pouch, a pair of scissors and your desire to have fun! Included in the workshop price is cardboard for your loom, cotton warp yarn, and a metal weaving needle. I will also have some yarns and embellishments on hand.

#### **\*Policies:**

Classes are offered on a first come, first serve, basis. If the class is filled before your payment arrives, you will be eligible for a full refund of the class fee. We will also maintain a waiting list and will notify you if a space becomes available. Class supply lists are included here and should be read before coming to the retreat as some classes have preparatory activities.

Cancellation policy (for all class and registration fees): Cancellations received in writing before March 1st are eligible for a 75% refund of all class & registration fees. March 1 or after, fees are non refundable. Carolina Fiber Frolic and Jan Smiley are not subject to any liability associated with injury or damages incurred at or as a result of travel to/from the Carolina Fiber Frolic Retreat.

## Information on the Instructors:

**Jane Prater** –jprater on Ravelry [jpknits.com](http://jpknits.com)

Jane has been teaching something to someone for over 30 years. Teaching knitting is her greatest joy. Even her *Merely a Suggestion* line of patterns begins with the goal of teaching new techniques while creating fun projects. She has learned from many of the great designers and from her travels to study knitting cultures in other parts of the world. She is an expert on fit, problem solving and creative frogging. No matter your learning style, you will find Jane's classes fun-filled and frustration-free. Get to know her better through her internationally read blog at [Http://jpknits.com](http://jpknits.com) and through her designs in *Knitcircus* magazine. Jane taught at the Carolina Fiber Frolic last year and met so many great, funny, generous folks that she can't wait to get back this year.

**Kate Larson** – Spinner, Shepherd, Spinning Daily contributor

Kate loves using fiber arts as a bridge between her passions for art and agriculture. Her fiber journey has led her to a year of study in England, a degree in Environmental Soil Chemistry, a tour of textile traditions in Estonia, and back to the farm where her family has lived for six generations. She keeps an ever-growing flock of Border Leicester sheep and teaches handspinning and knitting regularly in central Indiana and around the country. Kate manages the Spinner's Connection blog at [spinningdaily.com](http://spinningdaily.com) and has published articles and designs in Spin-Off Magazine. [She is also teaching at SOAR this year – come take a class with her while she's in the Carolinas!]

**Nancie McCraw** – badfaerie on Ravelry [www.badfaeriedesigns.com](http://www.badfaeriedesigns.com)

Nancie grew up with strong influences from a grandmother who quilted, an aunt who spun, a great-grandmother who knit and crocheted, and a mother who sewed. However, she was in her 20s when she realized how important the fiber arts were to her. Weaving and spinning became a siren call that she continues to listen to, using her background in sewing and pattern making, designing for New York Fashion Week clients, and most recently acquiring her own loom. She strives to spin the yarn for most of her knitting projects, and is enjoying learning about weaving.

**Pat Johanson** – Patrese on Ravelry, co-owner of [The Yarn Shop at Rainy Day Creations](http://The Yarn Shop at Rainy Day Creations)

Completion of a Girl Scout sewing badge began Pat's journey into fiber. Beginning with cross-stitch, she found herself hooked on fiber. She sought out the local Embroiderer's Guild and continued to explore new techniques. She discovered a new beckoning the day she walked into a yarn shop. The fibers were luscious, colorful and inviting. A quick knitting lesson at Rainy Day Creations had her on her current path. Knitting, then rigid heddle weaving, then weaving instructor, she is now a co-owner of this progressive shop that works hard to become your fiber destination. [www.knittingincharlotte.com](http://www.knittingincharlotte.com)

**Susan Stevens** - fleegle on Ravelry [www.fleeglesblog.blogspot.com](http://www.fleeglesblog.blogspot.com)

Susan has been spinning for 40 years on every conceivable spinning instrument and with every imaginable fiber. She is the author of the forthcoming book: *Fleegle Spins Supported*. Her specialty is spinning for lace, because she knits a lot of it. She is the inventor of the fleegle heel, a variety of knitting tricks, and the coordinator of the Heirloom Knitting Queen Susan project—a re-creation of a magnificent lace shawl that heretofore only existed as a photograph in the Shetland Museum.

**Suzy Hokanson** – suzyhok on Ravelry [www.suzanneworkhokanson.com](http://www.suzanneworkhokanson.com)

Suzy has been creating in fiber since she was about 6 years old when her mother patiently taught her to knit. After receiving a potholder loom for her birthday she became addicted to creating a wide variety of things from her small loom by putting pieces together. She has been spinning for 38 years and weaving for 32 years on everything from cardboard looms to computerized Jacquard looms and EVERYTHING in between. Three years ago Suzy and her husband moved to Savannah, GA after she retired from teaching art in upstate NY where she shared her joy of weaving with her students - preschoolers through adults. Suzy currently is the president of the Fiber Guild of the Savannahs and has served as president of the Black Sheep Handspinners Guild of Ithaca, NY as well as the Hudson Mohawk Weavers Guild of Albany, NY. A fascination with the weavers of the Bauhaus, an avant guard art school in Germany which existed between 1919 and 1933 led Suzy to research and write a book, *Woven: a Bauhaus Memoir* about the weavers there.